

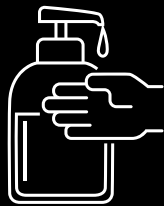
Guide To

COLD & FLU AWARENESS/PROTECTION

WASH YOUR HANDS THEN USE SANITIZER



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails..



Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice...



Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

ChudyPaperCo

Since 1913

716-825-1935

info@chudypaper.com

www.chudypaper.com

2615 Walden Ave, Cheektowaga NY, 14225